



LEYTE STATE UNIVERSITY

6521-A Visca, Baybay, Leyte, Philippines

Office of the Secretary of the University  
and of the Board of Regents

EXCERPT FROM THE APPROVED MINUTES OF THE

17<sup>th</sup> LSU Board of Regents Meeting

25 June 2004 \* LNU, Tacloban City

Proposal to Revise Three Major courses in  
the BS Education Major in Physical Education,  
Health, Music and Arts (PHEMA) Curriculum

BOR RESOLUTION NO. 46, s. 2004

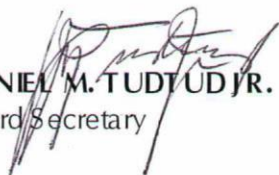
Approving the revisions to the three major courses of the BS  
Education (BSEd) curriculum *major* in Physical Education, Health,  
Music and Arts (PHEMA) as presented.

BOARD ACTION: **APPROVED**


Date : 25 June 2004

ATTACHMENT: **L**


Certified True and Correct:



  
DANIEL M. TUDTUD JR.  
Board Secretary

cc: OVPAA - 

University Registrar 

IHK 

College of Education - 

Univ. Registrar  6/28/04 - 

  
6-29

1                   **PROPOSAL TO REVISE THREE MAJOR COURSES IN THE**  
2                   **BACHELOR OF SECONDARY EDUCATION**  
3                   **MAJOR IN PHYSICAL EDUCATION, HEALTH, MUSIC & ARTS**  
4                   **(PEHMA) CURRICULUM**  
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7     *Rationale*  
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9           The Department of Education (DepEd) restructured the basic education  
10 curriculum to five learning areas because based on the studies it made, an overcrowded  
11 curriculum and its insufficient relevance to the diverse contexts of the learners hinder or  
12 delay the development of learning skills for life. One of these five learning areas is  
13 *Makabayan*, which is composed of Physical Education, Health, Music and Arts courses.  
14 DepEd stresses that *Makabayan* will be a "*laboratory of life*" or a practice environment for  
15 a holistic learning to develop a healthy personal and national self identity. This requires  
16 an adequate understanding of Philippine History and our politico-economic system, local  
17 cultures, crafts, arts, music and games. It must address both the individual and social  
18 needs of the learners.  
19

20           In order to be responsive to the demands of the 2002 Basic Education  
21 Curriculum, there is a need to revise three (3) of the BSED-PEHM major courses to be in  
22 consonance with the requirements of the Department of Education, hence this proposal.  
23

24     **A. Change in Course Description and Credit Units**  
25

26     **1. From:       PEHM 113 (Sports Management)**

27                   Organization, conduct, and supervision of various types of sports  
28                   competition.

29                   Prerequisite :       Consent of Instructor

30                   Credit         :       2 units (2 hrs. lec/week)  
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32     **To        :       PEHM 113 (Sports Management)**

33                   Organization, conduct, and supervision of various types of  
34                   sports competition; Strategies & Guidelines for Individual-Dual and  
35                   Team Sports; Conduct of lead-up games & *Laro ng Lahi*.

36                   Prerequisite :       Consent of Instructor

37                   Credit         :       3 units (3 hrs lec/week)

38                   Rationale     :       The course exposes students to different  
39                                   types of games and sports, *Laro ng Lahi*,  
40                                   Strategies and Guidelines for Individual-dual  
41                                   Sports and Team Sports, and Conduct of  
42                                   Lead-up Games.



**LEYTE STATE UNIVERSITY**

6521-A Visca, Baybay, Leyte, Philippines

Office of the University President

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23 June 2004


**The Honorable Chairman and  
Members of the LSU Board of Regents**

*Ladies/Gentlemen:*

I am hereby endorsing the proposal of the Institute of Human Kinetics to revise **"Three Major Courses in the Bachelor of Secondary Education Major in Physical Education, Health, Music and Arts (PEHMA) Curriculum"**. This proposal has been reviewed by the University Curriculum Committee and was presented and approved by the University Academic Council during its meeting on June 16, 2004.

I am, therefore, recommending the same **FOR CONFIRMATION** by the Board of Regents .

Very truly yours,

  
**PACIENCIA P. MILAN**  
*University President*

BOARD ACTION : \_\_\_\_\_  
DATE : 23 June 2004



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**PROPOSAL TO REVISE THREE MAJOR COURSES IN THE  
BACHELOR OF SECONDARY EDUCATION  
MAJOR IN PHYSICAL EDUCATION, HEALTH, MUSIC & ARTS  
(PEHMA) CURRICULUM**

*Rationale*

The Department of Education (DepEd) restructured the basic education curriculum to five learning areas because based on the studies it made, an overcrowded curriculum and its insufficient relevance to the diverse contexts of the learners hinder or delay the development of learning skills for life. One of these five learning areas is *Makabayan*, which is composed of Physical Education, Health, Music and Arts courses. DepEd stresses that *Makabayan* will be a "laboratory of life" or a practice environment for a holistic learning to develop a healthy personal and national self identity. This requires an adequate understanding of Philippine History and our politico-economic system, local cultures, crafts, arts, music and games. It must address both the individual and social needs of the learners.

In order to be responsive to the demands of the 2002 Basic Education Curriculum, there is a need to revise three (3) of the BSED-PEHM major courses to be in consonance with the requirements of the Department of Education, hence this proposal.

**A. Change in Course Description and Credit Units**

**1. From: PEHM 113 (Sports Management)**

Organization, conduct, and supervision of various types of sports competition.

Prerequisite : Consent of Instructor

Credit : 2 units (2 hrs. lec/week)

**To : PEHM 113 (Sports Management)**

Organization, conduct, and supervision of various types of sports competition; Strategies & Guidelines for Individual-Dual and Team Sports; Conduct of lead-up games & *Laro ng Lahi*.

Prerequisite : Consent of Instructor

Credit : 3 units (3 hrs lec/week)

Rationale : The course exposes students to different types of games and sports, *Laro ng Lahi*, Strategies and Guidelines for Individual-dual Sports and Team Sports, and Conduct of Lead-up Games.



2. **From : PEHM 121 (Fundamental Rhythms)**  
Analysis of musical forms and structures in relation to movement.  
Prerequisite : Consent of Instructor  
Credit : 2 units (2 hrs lec/week)

**To : PEHM 121 (Fundamental Rhythms)**  
Analysis of musical forms and structures in relation to  
movement; Elements of rhythms & movement exploration;  
Creating note patterns from the basic time signatures, Creative  
rhythms and interpret written dance instructions.  
Prerequisite : Consent of Instructor  
Credit : 3 units (3 hrs lec/week)  
Rationale : This course teaches students the elements of  
rhythms and movement exploration, creating  
note patterns from the basic time signature,  
creative rhythms and interpreting dance  
literature.

B. Change in Course Title, Course Description and Credit Units

**From : PEHM 122 (Philippine Folk Dance)**  
Methods and materials of folk dance instructions in  
the elementary, secondary, and collegiate levels.  
Prerequisite : PEHM 121 (Fundamental Rhythms)  
Credit : 2 units (2 hrs lec/week)

**To : PEHM 122 (Philippine & Foreign Folk Dances)**  
Methods and materials of Philippine and Foreign folk dance  
instructions; Selected modern and Contemporary Dances.  
Prerequisite : PEHM 121 (Fundamental Rhythms)  
Credit : 3 units (3 hrs lec/week)  
Rationale : This course which allows the inclusion of  
the study of foreign folk dances provides  
students with methods, elements, styles  
and materials of Asian and foreign folk  
dances, modern and contemporary  
dances.