



Certificate No.: 0091155  
 Health Record No.: 01247740  
 Date: March 28, 2025

### MEDICAL CERTIFICATE

**To Whom It May Concern:**

According to the record of the hospital, ABAYABAY, MARIA FARAH VISCARA Age 38

Gender F residing at 209 H. DOMINGO ST BARANGAY 81, PASAY CITY

has been confined/treated in this hospital on/from March 19, 2025 to March 26, 2025 with the following circumstances:

**DIAGNOSIS:**  
 PAPILLARY THYROID CARCINOMA; S/P TOTAL THYROIDECTOMY

**OPERATION:** TOTAL THYROIDECTOMY

**NATURE OF ILLNESS:** MASS ANTEIOR NECK

**DISPOSITION:** IMPROVED/DISCHARGED

This certification is issued upon the request of PATIENT  
 to be used exclusively for WORK purposes.

*DIANE DIAMANTE-LAO M.D.*  
 ENT HEAD & NECK SURGERY  
 LIC. 0132855

**VALCIMAR CALAYCAY AGOSTO**  
 License No. \_\_\_\_\_  
 Attending Physician

Received Original Copy:

By: \_\_\_\_\_

Date: \_\_\_\_\_



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## DISCHARGE SUMMARY

Name: MARIA FARAH VISCARA. ABAYABAY Age: 38 Sex: F Health Record No.: 01247740  
 Date of Admission: MARCH 19, 2025 Date of Discharge: MARCH 26, 2025

**Chief Complaint:**  
 MASS ANTEIOR NECK

**History /Relevant Physical Examination:**

BRIEF HISTORY: 6 YEARS PTA, PATIENT MANIFESTED SMALL MASS ON HER ANTERIOR NECK NOT ASSOCIATED WITH DIFFICULTY OF SWALLOWING, DIFFICULTY OF BREATHING, SOUGHT CONSULT AND WAS REQUESTED WITH LABORATORY REVEALING EUTHYROID.  
 DUURING THE INTERIM, STILL WITH THE ABOVE SIGN AND SYMPTOMS, PATIENT'S MOTHER NOTICE GRADUAL ENLARGEMENT OF THE MASS, ASSOCIATED WITH INTERMITENT DIFFICULTY OF SWALLOWING, SOUGHT CONSULT AT A PRIVATE MD AND LABORATORY WAS DONE AGAIN. AND WAS SUGGEST FOR BIOPSY REVEALING PAPILLARY CA. PATIENT WAS ADVISE FOR OPERATION, UNTIL.  
 1 MONTH PTA, PATIENT SOUGHT CONSULT IN OUR INSTITION AND WAS SCHEDULED FOR OPERATION TOTAL THYROIDECTOMY. PATIENT WAS REQUESTED FOR CLEARANCE FOR OPERATION.  
 FEW HOURS PTA, PATIENT CAME IN FOR THE CONTEMPLATED PROCEDURE TOTAL THYROIDECTOMY, HENCE ADMITTED. /HEENT: (+) ANTERIOR NECK MASS, APPROX 2X3CM, MOVES WITH DEGLUTITION, FIRM, NONOTENDER /CHEST/LUNGS: ESSENTIALLY NORMAL /CVS: ESSENTIALLY NORMAL /ABDOMEN: ESSENTIALLY NORMAL /GU (IE): ESSENTIALLY NORMAL /SKIN EXTREMITIES: ESSENTIALLY NORMAL /NEURO-EXAM: ESSENTIALLY NORMAL

**Admitting Diagnosis:**  
 PAPILLARY THYROID CARCINOMA

**Laboratory Exams:**  
 BIOPSY (SMALL),CROSSMATCHING,IONIZED CALCIUM,LEUKOREDUCED PRBC FROM PBC

**Medications:**

0.9 % SODIUM CHLORIDE SOLUTION 1L(IV FLUIDS), 1.00, 1.00, LITER, EVERY Q8HOURS, FOR STAT, IV / 0.9 % SODIUM CHLORIDE SOLUTION 1L(IV FLUIDS), 2.00, 2.00, LITER, EVERY STAT, FOR STAT, IV / 0.9 % SODIUM CHLORIDE SOLUTION 1L(IV FLUIDS), 3.00, 1.00, BOTTLE, EVERY Q8HOURS, FOR 1 DAY, IV / CEFUROXIME 500MG TABLET, 1.00, 500.00, MG, EVERY BID, FOR 1 DAY, PO / CEFUROXIME 500MG TABLET, 2.00, 1.00, TAB, EVERY BID, FOR 1 DAY, PO / CEFUROXIME 500MG TABLET, 2.00, 500.00, MG, EVERY BID, FOR 1 DAY, PO / CEFUROXIME 500MG TABLET, 2.00, 500.00, MG, EVERY BID, FOR 1 DAY, PO / CEFUROXIME 750 MG VIAL W/ DILUENT, 1.00, 1.00, VIAL, EVERY Q8HOURS, FOR 1 DAY, IV / CEFUROXIME 750 MG VIAL W/ DILUENT, 2.00, 1500.00, MG, EVERY STAT, FOR 1 DAY, IV / CEFUROXIME 750 MG VIAL W/ DILUENT, 3.00, 750.00, MG, EVERY Q8HOURS, FOR 1 DAY, IV / CELECOXIB 400 MG CAP, 1.00, 400.00, MG, EVERY OD, FOR 1 DAY, PO / DEXAMETHASONE NA PO4 8MG/2ML AMP, 1.00, 5.00, MG, EVERY OD, FOR 1 DAY, IV / EPINEPHRINE HCl 1 MG/ML AMP, 1.00, 1.00, AMPULE, EVERY STAT, FOR 1 DAY, IV / FENTANYL CITRATE 50 MCG/ML, 2ML AMP, 5.00, 5.00, AMPULE, EVERY STAT, FOR STAT, IV / KETOROLAC TROMETAMOL 30MG/ML AMP, 1.00, 1.00, AMPULE, EVERY STAT, FOR STAT, IV / KETOROLAC TROMETAMOL 30MG/ML AMP, 2.00, 30.00, MG, EVERY Q8HOURS, FOR 1 DAY, IV / LACTATED RINGERS SOLUTION 1L, 1.00, 1.00, LITER, EVERY STAT, FOR STAT, IV / LACTATED RINGERS SOLUTION 1L, 2.00, 120.00, CC PER HR, EVERY Q12HOURS, FOR 1 DAY, IV / LIDOCAINE HCL 2% POLYAMP, 2.00, 2.00, AMPULE, EVERY STAT, FOR 1 DAY, IV / MIDAZOLAM 5MG/ML, 3ML AMPULE, 1.00, 1.00, AMPULE, EVERY STAT, FOR STAT, IV / MUPIROCIN OINTMENT 2% 5G, 2.00, 10.00, GRAMS, EVERY STAT, FOR 1 DAY, TOPICAL / OMEPRAZOLE 40MG CAPSULE, 1.00, 1.00, CAP, EVERY OD, FOR 1 DAY, PO / OMEPRAZOLE 40MG CAPSULE, 1.00, 1.00, CAP, EVERY STAT, FOR STAT, PO / OMEPRAZOLE 40MG

**VALCIMAR C. AGOSTO, M.D.**  
 ORL- Head & Neck Surgery  
 Lic. No. 0144929



Name: MARIA FARAH VISCARA. ABAYABAY Age: 38 Sex: F Health Record No.: 01247740  
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CAPSULE, 1.00, 40.00, MG, EVERY OD, FOR 1 DAY, ORAL / OXYGEN TANK 1 POUND INHALER, 500.00, 500.00, POUND, EVERY STAT, FOR STAT, INHALATIONAL / PARACETAMOL 1G/100ML, 1.00, 1.00, GRAMS, EVERY STAT, FOR STAT, IV / PARACETAMOL 1G/100ML, 4.00, 1.00, GRAMS, EVERY Q6HOURS, FOR 1 DAY, IV / PROPOFOL AMP AS OIL IN WATER EMULSION 10MG/ML, 20ML AMP, 2.00, 2.00, AMPULE, EVERY STAT, FOR STAT, IV / ROCURONIUM BROMIDE 10MG/ML, 5ML VIAL, 1.00, 1.00, VIAL, EVERY STAT, FOR STAT, IV / ROCURONIUM BROMIDE VL, 1.00, 1.00, VIAL, EVERY STAT, FOR STAT, IV / SEVOFLURANE LIQ. INHALATION PER CC, 250.00, 250.00, ML, EVERY STAT, FOR STAT, INHALATIONAL / STERILE WATER FOR INJECTION 10ML POLYAMPULE, 2.00, 2.00, AMPULE, EVERY STAT, FOR STAT, IV / SUGAMMADEX 100MG/ML, 2ML, 1.00, 1.00, VIAL, EVERY STAT, FOR STAT, IV / TRAMADOL HCL 100MG2/ML AMP, 1.00, 1.00, AMPULE, EVERY STAT, FOR STAT, IV / TRAMADOL HCL 100MG2/ML AMP, 2.00, 50.00, MG, EVERY Q8HOURS, FOR 1 DAY, IV

**Course in the Ward:**

03/19/2025: PLEASE ADMIT PATIENT TO INFIRMARY WARD UNDER THE SERVICE OF ENT.;PLEASE SECURE CONSENT FOR ADMISSION AND MANAGEMENT.;DIET: DIET AS TOLERATED THEN NPO AT 12 MIDNIGHT ON 03/21/25;IVF PNSS 1L TO RUN FOR 8 HOURS ONCE ON NPO;DIAGNOSTIC: PLEASE SEE LAB RESULT ATTACHED ON CHART;THERAPEUTICS: CEFUROXIME 1500MG TIV AFTER NEGATIVE SKIN TEST 1 HOUR PRIOR TO OR;FOR CROSSMATCH OF 2 UNIT PRBC PROPERLY TYPE AND CROSSMATCH FOR POSSIBLE OR USE;FOR TOTAL THYROIDECTOMY UNDER GA ON 03/21/25 AT 8AM;PLEASE INFORM ANESTH ROD AND OR STAFF OF THIS ADMISSION;PLEASE PREPARE THE FOLLOWING FOR OR USE;1. 1 CC SYRINGE #1;2. 10CC SYRINGE #1;3. EPINEPHRINE AMPULE #1;4. 2% LIDOCAINE POLYAMP #2;5. CHROMIC 3.0 ROUND # 3; 6. SILK 3.0 CUTTING #5;7. SILK 2.0 CUTTING #5; 8. SILK 2.0 STRAND #5;9. SILK 3.0 STRAND #5;10. MUPIROCIN OINTMENT #2;1. BLADE 15 #1;12. JP DRAIN #1;13. PENROSE DRAIN #1;PLEASE MONITOR VS QSHIFT;PLEASE MONITOR I&O QSHIFT ;REFER ACCORDINGLY  
03/20/2025: CONSENT SECURED;NPO 8 HOURS PRIOR TO OR;SECURE IV LINE WITH GOOD FLOW;MONITOR VS PRIOR TO OR;2 UNITS PRBC PROPERLY TYPED AND CROSSMATCHED FOR POSSIBLE OR USE AS PREVIOUSLY ORDERED;REFER  
03/20/2025: CONTINUE PRESENT MANAGEMENT;WELL ADVISED  
03/21/2025: TO PACU;MONITOR VS Q15 X 2 HOURS, Q30 UNTIL TRANSOUT;O2 SUPPORT VIA FACEMASK @ 5 LPM;DIET C/O MAIN SERVICE;IVF: PLR 1L X 8 HOURS;KETOROLAC 30MG TIV Q8 X 3 DOSES, FIRST DOSE TO BE GIVEN AT THE PACU;TRAMADOL 50MG SIVP Q8 X 3 DOSES, FIRST DOSE GIVEN AT THE PACU ;PARACETAMOL 1G TIV Q6 AS NEEDED FOR PAIN;MODERATE - HIGH BACK REST;WATCH OUT FOR HYPOTENSION, DOB, O2 DESATURATION, BLEEDING;REFER ; MED: KETOROLAC TROMETAMOL 30MG/ML AMP - 2,30 MG,Q8HOURS,1 DAY,IV;MED: TRAMADOL HCL 100MG2/ML AMP - 2,50 MG,Q8HOURS,1 DAY,IV  
03/21/2025: CONTINUE PRESENT MANAGEMENT;MAY TRANSFER BACK TO WARDS;REFER  
03/21/2025: MAY RESUME DAT DIET;DAILY WOUND CARE DONE;START CEFUROXIME 750MG TIV Q8;START DEXAMETHASONE 5MG TIV OD X 3 DOSES;PLEASE MAINTAIN JP DRAIN ON NEGATIVE PRESSURE AND RECORD OUTPUT QSHIFT;PLEASE REMOVE FOLEY CATHETER AFTER 3 BLADDER URGES;FOR REPEAT ICA 6 HOURS POST OP THEN Q8;CONTINUE PRESENT MANAGEMENT;REFER ACCORDINGLY ; LAB: IONIZED CALCIUM (TO BE EXTRACTED AT 9PM)  
03/21/2025: LAB: IONIZED CALCIUM (TO BE EXTRACTED ON 03/22/25 AT 5AM)  
03/21/2025: LAB: IONIZED CALCIUM (FOR EXTRACTION ON 03/22/25 AT 1PM)  
03/22/2025: DAILY WOUND CARE DONE;IVF PNSS 1L TO RUN X 12 HOURS;MAINTAIN JP DRAIN ON NEGATIVE PRESSURE AND RECORD OUTPUT QSHIFT;CONTINUE PRESENT MANAGEMENT ;REFER ACCORDINGLY ; LAB: IONIZED CALCIUM (EXTRACTION AT 9PM)  
03/22/2025: LAB: IONIZED CALCIUM (FOR EXTRACTION TOM 3/23/25 AT 5AM)  
03/22/2025: THERAPEUTICS: 1) PARACETAMOL 1G IV Q6 X 4 MORE DOSES;2) CELECOXIB 400MG/CAP PO OD X 2 DOSES THEN PRN X PAIN SCALE >= 4/10, START TOMORROW AT 6AM;ENCOURAGE AMBULATION AND DEEP BREATHING EXERCISES;REFER ; MED: PARACETAMOL 1G/100ML - 4,1 GRAMS,Q6HOURS,1 DAY,IV;MED: CELECOXIB 400 MG CAP - 2,400 MG,OD,1 DAY,PO  
03/23/2025: ANES ORDER;CONSUME IV PAIN MEDICATION;CONTINUR CELECOXIB 400MG/CAP PO OD X 2 DOSES THEN PRN FOR PAIN SCALE 4 AND ABOVE AS PREVIOUSLY ORDERED;REFER  
03/23/2025: DAILY WOUND CARE DONE;IVF TO CONSUME;SHIFT CEFUROXIME 750MG TIV TO CEFUROXIME 500MG/TAB, 1 TAB BID ;HOLD ICA MONITORING;MAINTAIN JP DRAIN AT NEGATIVE PRESSURE AND RECORD OUTPUT QSHIFT;CONTINUE PRESENT MANAGEMENT;REFER ACCORDINGLY  
03/24/2025: OMEPRAZOLE 40MG/CAP, 1 CAP OD FOR 14 DAYS;CONTINUE PRESENT MANAGEMENT;REFER ACCORDINGLY  
03/24/2025: DAILY WOUND CARE DONE;MAINTAIN JP DRAIN ON NEGATIVE PRESSURE AND RECORD Q SHIFT;REFER  
03/25/2025: DAILY WOUND CARE DONE;MAINTAIN JP DRAIN ON NEGATIVE PRESSURE AND RECORD OUTPUT QSHIFT;CONTINUE PRESENT MANAGEMENT ;REFER ACCORDINGLY  
03/26/2025: DAILY WOUND CARE DONE;JP DRAIN REMOVE;MAY GO HOME TODAY;HOME MEDICATION;1. CEFUROXIME 500MG/TAB, 1 TAB BID X 7 DAYS;2. CELEXOB 200MG/CAP, 1 CAP BID PRN X PAIN;3. MUPIROCIN OINTMENT, APPLY BID ON AFFECTED AREA;FOLLOW UP ON 03/28/25 AT ENT OPD, 10AM;REFER ACCORDINGLY

**Surgical Procedure Done:**

TOTAL THYROIDECTOMY

VALCIMAR A. AGUSTO, M.D.  
ORL, Head of Neck Surgery  
Lic. No. 0244229

Disposition: IMPROVED