MEDICAL CERTIFICATE

(For Employment)

INSTRUCTIONS

- a. This medical certificate should be accomplished by a licensed government physician.
- b. Attach this certificate to original appointment, transfer and reemployment.
- c. The results of the following pre-employment medical/physical/psychological must be attached to this form:

Blood Test

Urinalysis

Chest X-Ray

Drug Test
Psychological Test

Neuro-Psychiatric Examination (if applicable)

FOR THE PROPOSED APPOINTEE

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Jovann Frederick F. Rabor, MD, FPCP, FPNA

Internal Medicine - Neurology

Diseases of the Adult





NEUROPSYCHIATRIC AND PSYCHOLOGICAL EVALUATION

Name: Dargantes, Angelo Dalisay	Gender: Male			
Date of Testing: 8/13/2024	Education: 16 yrs	Age: 24	DOB: 4/29/2000	
Date of Report: 8/18/2024	Informant: Patient	Informant: Patient		
Reason for Referral: For Employment	purposes (Visavas State U	niversity)		

BACKGROUND HISTORY

This is a 24-year-old Male, Single, Filipino, who was seen today at the clinic for consultation for a neuropsychiatric examination—no chief complaints in terms of Neurological or Psychiatric issues.

He has no known comorbidities- nonhypertensive, nondiabetic, and nonasthmatic. He has no allergies. No other maintenance medications. His only hospitalization was pneumonia when he was born; he had never undergone any major surgery. He has no vices (he does not smoke, drink alcohol, and never tried any illicit drugs). No herbal medications. Strong family history of hypertension and liver disease.

The patient was never hospitalized for any neurologic problems. Upon neurologic review of systems, he has no history of headaches, memory loss, vertigo, lightheadedness, hearing loss, diplopia, blurred vision, blindness, anosmia, loss of taste, facial weakness, dysarthria, dysphagia, muscle weakness, sensory loss, back pain, or any bladder or bowel complaints.

He never had any previous laboratories, neuroimaging, or neuropsychiatric examinations.

The patient denies any consultation with a psychiatrist in the past. He had no symptoms of unusually depressed or elevated mood, hallucinations, delusions, or illusions.

BEHAVIORAL OBSERVATIONS AND MENTAL STATUS EXAM

Observations

The patient arrived at the designated clinic time and was unaccompanied. He was casually dressed and groomed, well-kempt, alert, oriented, and interactive. He was ambulatory. The demeanor was professional and cooperative. Language functions were grossly intact for expressive and receptive modalities. Thought processes were clear and goal-directed, with content of thought appropriate to the situation. Mood was euthymic with a normal affective range. Observation of upper extremity motor behavior revealed no obvious difficulty or asymmetry. No apparent tactile sensory loss was noted, and no auditory or visual difficulties impacted test administration. Cooperation and motivation were appropriate. Insight, awareness, and judgment were fair.

Mental Status Examination

The Mini-Mental Status examination was 30/30, without any deficits in all the tested cognitive domains.

CLINICAL INTERVIEW

Developmental Factors

As far as he can recall, the patient had no problems during the prenatal, natal, and postnatal periods. His development was at par with age.

Emotional, Personality, and Background Factors

During the open interview, the patient told the examiner that he is currently applying for a teaching post (Instructor I) in the Mechanical Engineering Course at Visayas State University (VSU) in Baybay City, Leyte. He is a recent graduate (BS in Mechanical Engineering) who passed the licensure examinations for Mechanical Engineering in February 2024.

He was born in Kananga, Leyte, and went to Elementary school, Secondary Education near their vicinity. He grew up with select close friends and described himself as an "introvert" and a "home buddy." They are four siblings, all boys, of whom he is 3rd in birth order. He went to school until college despite the financial difficulties in their family, being a 4Ps Beneficiary of the Department of Social Welfare. Despite the challenges, he applied as a Department of Science and Technology (DOST) scholar and passed; thus, he enrolled in the VSU in the 4-year Mechanical Engineering Course. In his senior year, he had his On-the-job training at Primewater in Hilongos, Leyte. The patient says that his being away from home in college taught him to become independent.

During college, his biggest challenge was time management since there were many projects at school. His way of coping with time constraints is that if he has vacant time, he does all pending tasks as much as possible. His strengths include being studious and not spending too much time in leisure. His identified weaknesses include needing confidence in his voice, which he thinks might also be a challenge in the job that he wants to apply for.

He finds support in his three brothers, with whom he has good ties. He also has the support of his girlfriend, who is currently a student at VSU (Geodetic Engineering). He describes his relationship with his classmates as close but more on a professional level than the usual Filipino "Barkada" type of relationship.

In terms of teaching, the challenges he saw were methods for teaching independently. He always saw himself as a teacher, but before taking up his course, his other choice of course was a Bachelor of Science in Mathematics, where he dreamed that he wanted to teach Math. He says his passion is in teaching and in the academe. He also stated that his long-term goal is to graduate with a Master's degree in Mechanical Engineering to better teach his future students.

SUMMARY AND IMPRESSIONS

This was a 24-year-old, Single Filipino male who was seen for a neuropsychological evaluation as a prerequisite for employment as a College Instructor. His history did not reveal any significant neurologic or psychiatric issues. The patient came with a good demeanor, was well-groomed, and was in a euthymic mood. Intelligence was surmised to be in the above-average range. The patient was able to sustain meaningful conversations. The mental status examination was also flawless. No developmental issues were identified that could affect the neuropsychological maturity of the patient. Her personality type is quite fitting for a teaching role, having the passion to teach.

Diagnosis: Unremarkable Neuropsychiatric and Psychological Evaluation

RECOMMENDATIONS

- 1. Upon a closer look at his neuropsychiatric history, the patient has no premorbid personality that could preclude him from his planned employment as a College Instructor.
- 2. A careful neuropsychiatric examination did not reveal any unusuality in his personality. The patient demonstrates good coping strategies for any challenges he encounters and has good time management skills.
- 3. Therefore, from a neuropsychiatric standpoint, he is deemed fit to work as a College Instructor.

Upon completion of the testing, preliminary test results and recommendations were discussed with the patient. He was open to the feedback and appreciative of the results.

Thank you for this referral. I hope this evaluation is helpful. Please feel free to contact me if you have any questions.

JOVANN FREDERICK F. RABOR, MD

Lic No. 134074

Fellow, Philippine College of Physicians Fellow, Philippine Neurological Association Date: August 18, 2024 Time: 10:39PM